

Food Preparation and Nutrition Department

Food Preparation and Nutrition is a very popular subject within the school. Our Shooting Field, Rock Road and The Towers campuses provide specialist rooms, which are modern and well equipped. Joint planning and consistent practice across all sites is essential and all staff contribute to this. KS3 and 4 are supported by specialist technicians and the teaching team has a wide range of experience.

Key Stage 3

Pupils are taught in mixed ability groups of up to 20 in a class.

Y7 - 1 hour per fortnight

Y8 - 1 hour per fortnight

Key Stage 4

Students opt for courses to start in year 9 and Food Preparation and Nutrition is a very popular subject at Steyning. Each year group includes between 3 or 4 exam groups where students study from the Eduqas specification. All schemes of work delivered at KS3 are deliberately planned to lead into the three year KS4 course.

Extra-curricular

As a school we are passionate about our co-curricular offer. We try to provide students with additional opportunities to develop their skills and knowledge within all subjects. Food Preparation and Nutrition is no different, and students are given the opportunity to attend after school cooking sessions. We also enter the Springboard FutureChef and Rotary Young Chef competitions, which provides some of our high level students with the opportunity to compete in competitions on a larger scale.