



## **LANCASTER ROYAL GRAMMAR SCHOOL**

### **Extra information for Head of Physical Education**

The Head of PE is responsible for PE (both practical and academic) within the curriculum. The PE department has a complement of four specialist staff, but we also employ up to 4 sports graduates who assist in the PE department and Games sessions amongst their other duties.

In Years 7, 8 and 9 the pupils have one double lesson of PE per fortnight and in Years 10 and 11 each pupil has one PE period per week held in the sports hall or swimming pool.

In addition to PE lessons every year group in the school has one double lesson per week of organised games, mostly in the afternoons, except for Y7 who have two sessions. We have a Head of Games for September 2021 to organise these sessions; there will need to be good liaison between these two key roles.

PE was first introduced at A-level in 2001 and at GCSE in 2011. GCSE numbers are around 35 per year, with approximately 50% of them achieving 9-7. Currently in Y10 we have 38 students studying GCSE PE. At A level numbers over the last 3 years have varied from 3 to 11 but we currently have 17 pupils in the L6th, a number we hope to continue to flourish. A level results have fluctuated somewhat but ordinarily the department aims for 70% A\*-B. The school introduced an extra form in Y7 four years ago, so these extra numbers will enter the 6<sup>th</sup> form in 2022. Girls arrived for the first time in the 6<sup>th</sup> form only in September 2019 and we already have a strong extra-curricular sports programme for them but one we would like to grow.

Lancaster Royal Grammar School is renowned for high academic standards and also for sporting excellence. In November 2011, LRGS was commended for its achievements in the State School of the Year category of the Daily Telegraph Aviva sports awards at Twickenham. Sport has a high profile both within the curriculum and as an extra-curricular activity. School teams compete at a national level in rugby, cricket, athletics, swimming and rowing. We recently became back-to-back winners of the prestigious RGS cricket festival and we are currently U18 Lancashire rugby champions. Many teams are fielded by the school at all levels in each of these activities and in numerous other sports.

International sports tours operate in most years. The school has premier school fixture lists in both rugby and cricket, both areas looked after separately by a master in charge. There are numerous other individual and team successes in a variety of sports including; rowing, swimming, football, netball, handball, cross-country, orienteering, badminton, golf, athletics and others which can be seen on the school website.

Sports facilities at the school are good but also form part of a future development plan and appeal. There are at present 6 rugby pitches, 1 football pitch, 2 cricket fields with 5 squares, a sports hall and a swimming pool. The school uses a local sports complex with a 'tartan' track for athletics and has access to an all-weather

pitch for other activities. We also have links to both The University of Cumbria and Lancaster University which the school continues to develop.

Successful sporting Old Boys of the school include Brian Ashton, Magnus Lund, Sean Cox, Phil Christophers, Jason Queally and recent gold medallist Scott Durant.