

## **BARTON COURT GRAMMAR SCHOOL – PHYSICAL EDUCATION**

### **Facilities**

The Department consists of 3 full time staff and 1 part time staff and boasts excellent facilities with a new sports hall shared with Christchurch University and extensive outdoor playing areas. Sports hall facilities consist of: 8 badminton courts, a full size basketball court and indoor hockey pitch, cricket nets, 2 large walk in equipment stores, fitness gym (for staff and sixth form use), dance studio and lecture room. Downstairs houses the large P.E. office which easily accommodates four members of staff. Outdoor facilities consist of: 6 hard tennis courts (recently re-surfaced and netted), 4 netball courts, 2 football pitches, 1 full size rugby pitch, 1 hockey pitch, 100m and 400m running track with 2 javelin, shot and discus areas plus 2 long/triple jump areas.

The Physical Education Department make full use of Smartboard technology in all theory lessons, with Everlearner software being used to support the delivery of GCSE PE. Students and parents alike are also kept informed and updated on subject developments through the schools Microsoft teams and sharepoint systems. This enables learners to access lesson resources and homework tasks from home.

### **Key Stage 3**

KS3 (Year 7&8) Physical Education is delivered through 4 x 60 minute lessons per fortnight. We deliver a diverse and balanced curriculum to enable students to experience a wide range of sports throughout the year. Students also have the opportunity to challenge themselves at extra-curricular clubs and fixtures, which are run in line with the district sporting calendar.

### **Key Stage 4**

Physical Education at key stage 4 includes core PE and GCSE Physical Education. Students in core PE continue to access high quality physical activity through an increasingly diversified curriculum, with the addition of option pathways to include performance, team games and healthy active lifestyles.

Physical Education at GCSE remains a popular choice with students, who take the Edexcel qualification. In year 9 students learn the fundamental theory associated with health and performance, as well as completing modules in a range of practical activity areas. Students' in year 10 to study fitness and body systems, providing them with a strong base of knowledge in preparation for completing their own personal exercise plans in year 11.

### **Key Stage 5**

Students study the Level 3 BTEC Sport extended certificate at key stage 5, with a range of internally and externally assessed units. Students also have the opportunity to experience super-curricular activities to include visits to the CCCU sports labs as well as the chance to enter sport science competitions that will prepare them for further education in Sport Science.