

The Physical Education Department

Physical Education is a strong area within The Bemrose School and offers opportunities to pupils and staff alike in this supportive team. PE is a popular subject amongst pupils and attendance to extra-curricular activities is on the rise.

Curriculum

All pupils from Year 7-10 receive four hours of PE per fortnight with Year 11 pupils receiving three hours of PE per fortnight. Our post-16 pupils also receive one hour of core PE per week. Examination groups in Key Stage 4 receive six hours of curriculum time per fortnight.

In Key Stage 3 and 4 we offer a broad and balanced curriculum that meets the National Curriculum requirements across the activity areas. Within the Key Stage 4 core curriculum, we offer more than the required number of activities. Year 11 pupils have a choice of pathways so that pupils can take part in activities they enjoy most and to promote pupils to take up a healthy active lifestyle upon leaving school.

In Key Stage 4 we currently offer Level 1/2 NCFE Health and Fitness. Historically the progress outcomes for this subject are amongst the best in the school.

Extra-Curricular

There are a range of extra-curricular curricular opportunities available to both boys and girls including athletics, badminton, football, cricket, basketball, netball and rounders. There are regular fixtures for the football, cricket, basketball and athletics teams throughout the year. Clubs are aimed at both increasing participation and enjoyment for a lifelong healthy lifestyle, but also at performance in competitive fixtures. We run a programme of intra-school sports competitions including inter-house across a variety of activities and attendance is increasing for these events. We continually review our extra-curricular offer to meet the needs of our pupils and have recently seen big increases in pupil attendance especially amongst girls.

Facilities and Equipment

The department is fortunate to have some excellent facilities and a copious amount of high-quality green space. We have the use of four indoor spaces: a five-badminton court size sports hall, a gymnasium, a fitness suite and the main secondary hall. Outside we have two hard court areas with tennis courts and a field with a large grids area, two 11-a-side football pitches, a 9-a-side football pitch and a 7 a-side football pitch. We also have an artificial cricket wicket and two long jump sand pits. In summer there is space on the field for an athletics track, rounders pitches and softball pitches. The area is well resourced with new equipment available for lessons and extra-curricular clubs.

Staff

The team currently consists of five members of staff: the Learning Director of PE, the Second in Charge of PE, and three staff one of whom is part time with another role in school.