



## PE Department

### Staffing

The PE curriculum is currently delivered by four PE teachers. Staff share the teaching and extracurricular load in all years and are committed to giving the students a positive and enjoyable experience in PE. We expect members of the department to take pride in a high standard of work and to contribute fully to the department's activities. The department works closely to support each other and to share expertise. We also have a number of specialised coaches who provide enrichment activities in tennis, badminton, cross country and sixth form football.

### Resources

In recent years the PE department has driven initiatives to ensure that our principle of 'Fit 4 Life' resonates across the school. This also involves important features such as participation, enjoyment and achievement in lessons as well as the physical, social, emotional and cognitive development of the students. Our facilities include a gymnasium, small hall, netball/tennis courts, football pitches and an all weather athletics track on the school field.

### The Curriculum

A Level PE (OCR)- The A level course is split into 3 units and taught by separate specialist teachers.

GCSE PE (OCR) - The GCSE course is taught across two classes in both Years 10 and 11 and practical units taught in school currently cover netball, football, athletics, badminton and tennis.

A broad range of activities are taught at Key Stage 3 including fundamental skills, gymnastics, dance, fitness, football, netball, athletics, tennis, outdoor games including lacrosse, handball and tchoukball, rounders and cricket. Core PE in Years 10 and 11 follows an options programme which includes Level One Sport Leaders Award, yoga, X-fit, fit ball, badminton, touch rugby, volleyball, striking and fielding, athletics and outdoor games.

Years 12 and 13 are offered an enrichment programme which has incorporated a variety of activities ranging from invasion games like football and netball and other sports such as badminton, cricket, basketball, rounders, squash, tennis and athletics. Spin classes have also been offered by making use of Five Rivers leisure centre and Victoria Park for sixth form tennis club. Level Two sports leaders award is taught as part of sixth form enrichment, and we are introducing Level Three in September.

### Extra curricular

There is much enthusiasm for extra-curricular activities, both clubs and team practices. We have strong teams in netball, football, badminton, cricket, cross-country, tennis and athletics and participate in all local fixtures in these sports as well as reaching county, regional and national levels every year in some. These achievements are celebrated each term in assemblies and in Sports Presentation Assembly at the end of the year. Inter-house competitions are organised by sports prefects and L2 sports leaders and see a large number of students participating in netball, football, dance and cricket as well as a whole school Sports Day at the end of the year.

We have an array of sporting lunchtime or after school clubs and have external coaches coming in to provide support in badminton, cross country and tennis. At sixth form we have teams in netball, football, tennis and cross country. Many students participate in other sports outside of school. We are continuing to grow the sports culture in SWGS and develop the Fit4Life philosophy.