



Area of Learning Information – Wellbeing

Subjects: PE, PSHE, NiddVenture

Staff:

Jenny Kay	Director of Learning, Wellbeing and Teacher of PE & PSHE
Vacancy	Teacher of PE (& PSHE)
Vikki Wilcock	Teacher of PE and Drama
Pete Couldwell	Teacher of Outdoor Education (NiddVenture) & PE
Heather Tuffs	Outdoor Education (NiddVenture) Tutor

PE

At KS3 all students have 2 hours per week of PE covering a range of physical activities. Classes are taught in both single gender and mixed gender groups to provide appropriate levels of support and challenge to meet identified needs.

At KS4 most students have 2 hours per week of PE with some students who follow additional science courses dropping one session of PE.

At GCSE, PE is a popular and extremely successful course.

All members of the AoL are involved in delivering extra-curricular activities and fixtures at lunchtime and after school.

PSHE

All students are taught 1 hour per fortnight of PSHE. The PSHE programme includes the school's Flourish curriculum focusing on tools for self-regulation, including mindfulness. Relationships and Sex Education units are also included in the PSHE Schemes of Work.

In Years 7-10 all students have the opportunity to take part in an additional Flourish / Well-being activity involving a range of physically and academically challenging options from basketball and bushcraft to Japanese and coding. The Wellbeing AOL take a significant role in staffing this programme.

NiddVenture

The school is committed to enhancing the curriculum through outdoor learning opportunities.

Our NiddVenture team lead a range of full year and short courses for students requiring additional support or short-term intervention. Curriculum links are being developed with every subject to bring the benefits of learning outside the classroom into all academic subjects. So far maths, German and geology have benefited from this curriculum enhancement.