

The Physical Education Department

Departmental Staffing Structure



Head of Physical Education
Department: Mrs Colette Kutty

Currently a combination of seven teachers, full and part time and a teacher assistant are responsible for the delivery of Physical Education at Key Stage 3 and 4.

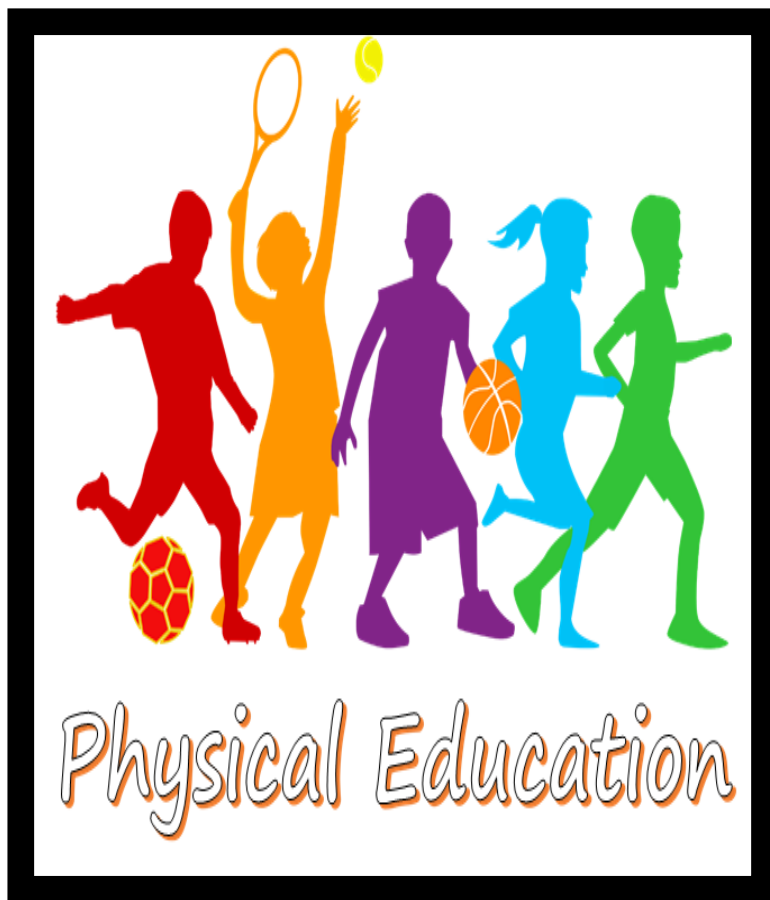
The Department values the individual specialisms of each member of staff and endeavours to develop those for the benefit of the pupils and for the professional advancement of the teacher.

Curriculum:



The department shares the main aims of the school and is aware of the invaluable role it has in preparing young people for their place in society. Whilst encouraging excellence it values and nurtures the contribution of all pupils, encouraging an attitude where co-operation and consideration are at the core.

The programme on offer satisfies National Curriculum Key Stage 3 and 4 requirements and allows the pupils to experience a good range of activities. From individual pursuits where personal targets may be set and strived for to team game situations where collaborative efforts are all important and the appreciation of individual differences can take place.

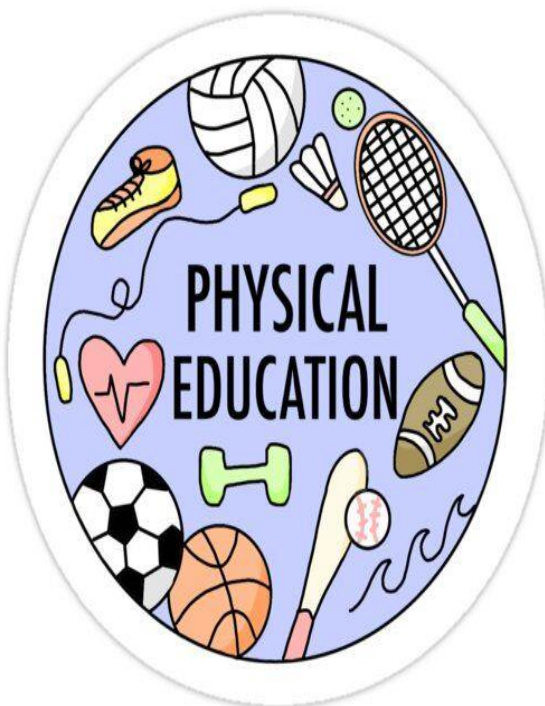


Department Aims

- * To allow pupils to achieve their full learning potential through physical activity.
- * To facilitate participation and enjoyment in physical activity.
- * To promote their personal, social and moral development.
- * To allow each pupil to develop a positive attitude towards themselves and others.
- * To ensure safe practice towards the individual and the environment.
- * To provide pupils with the knowledge and skills to continue to lead a healthy and active lifestyle once they have left school.

We strive to achieve these aims by:

- * The provision of a broad, balanced programme allowing pupils to achieve physical skill, fitness and improved performances.
- * Providing the opportunity to plan, perform and evaluate their work.
- * Allowing pupils to develop the ability to work as an individual and co-operate with others.
- * Differentiation of areas studied.
- * Providing the opportunity for progression and continuity.



* Promoting equality of opportunity in curricular and extra-curricular activities.

KS3:

St Anne's operates a two-week timetable.

Years 7 and 8 have two sixty-minute lesson per fortnight, one of these is swimming. They also have x1 120 minute lesson.

Year 9 have one sixty-minute lessons per fortnight and one 120-minute lesson. One of the lessons is a games unit.

The Key Stage 3 curriculum also consists of dance, gymnastics, athletics, netball, tennis, and rounders.

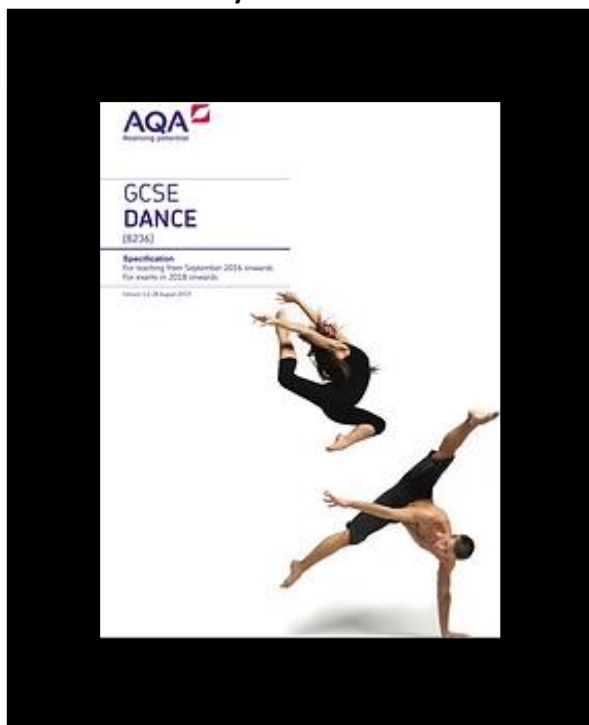
KS4:

GCSE P.E. The AQA Physical Education Syllabus is followed.

GCSE Dance. The AQA Dance Syllabus followed.

Core P.E. Year 10 have one sixty-minute lesson and one 120 minute lesson per fortnight and Year 11 have two sixty minute lessons. Choice of activities from: Basketball, Badminton, Netball, Dance, Trampolining, Volleyball, Table Tennis, Athletics, Tennis, Rounders. Aswell as a lesson of Fitness and the use of multi gym equipment.

2025 Results KS4 Physical Education and Dance



KS4 PE results:

27% of students achieved a grade 9 - 7

45% of students achieved a grade 9 - 5

63% of students achieved a grade 9 - 4

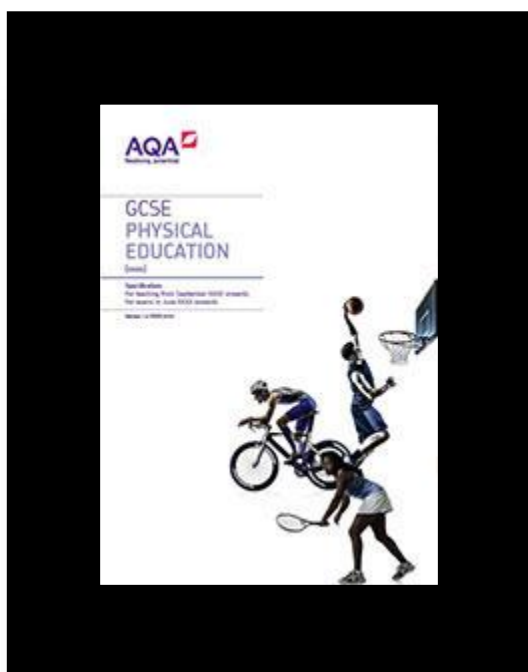
KS4 Dance results:

33% of students achieved a grade 9 - 7

100% of students achieved a grade 9 - 5

100% of students achieved a grade 9 - 4

2024 Results KS4 Physical Education and Dance



KS4 PE results:

66% of students achieved a grade 9 - 7

100% of students achieved a grade 9 - 5

100% of students achieved a grade 9 - 4

KS4 Dance results:

53% of students achieved a grade 9 - 7

71% of students achieved a grade 9 - 5

77% of students achieved a grade 9 - 4

Facilities



Most of the curriculum is taught on site; however local facilities are used for tennis and athletics. Swimming is taught at the University pool for all pupils in Years 7 and 8. Facilities on site include a well-equipped gymnasium, two netball courts, fitness room (with resistance and cardiovascular equipment) and a hall and drama/dance studio.

Extra-Curricular



Extra-Curricular Activities

A wide range of activities run for all pupils, these include gymnastics, netball, dance, athletics, tennis, rounders, football, cross country, fitness and trampolining. Inter-house competitions are held in netball, gymnastics, rounders and our whole school Sports Day.

Within Southampton, St Anne's competes in all age groups in the netball, football, badminton and cross-country leagues as well as the City swimming gala and athletics. Teams are entered into regional gymnastics, dance, athletics, cross-country, volleyball and netball competitions.

Key areas for development:

Recruitment of pupils to study GCSE PE and Dance.