



St Edmund's Catholic School
Caelum Dives Ingređi

Headteacher: Mr S Graham BSc, NPQH

02392 823766

www.saintedmunds.org.uk



Trinity Well-being Centre

'Sometimes you need to talk and ask for help.'

Dear Applicant,



Wellbeing Support Officer One Year Paid Placement (Undergraduate in Psychology)

Information for Applicants

Our aim is to encourage spiritual development and understanding of the faith, create an atmosphere of order, discipline and respect, enabling every pupil to achieve their true potential. Maintaining standards of excellence in teaching and learning and build a family which cares for all its members where understanding, mutual trust and friendship are fostered.



'I can do all things with the help of God who strengthens me.'
Philippians 4:13



St Edmund's Catholic School

Arundel Street, Portsmouth Hampshire PO1 1RX

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Headteacher: Mr S Graham BSC, NPQH

Dear Colleague,

WELLBEING SUPPORT OFFICER: September 2026 ONE YEAR PAID PLACEMENT (UNDERGRADUATE OF PSYCHOLOGY)

St Edmund's is a thriving, positive and happy school, where individuals achieve excellent levels of personal development and outstanding academic achievement. As a Voluntary Aided Catholic School we seek to provide a Christian education for our children within the discipline and traditions of the Catholic church.

We are extremely proud of the quality of education, opportunities and life experiences that our children receive. This is only possible thanks to the fantastic staff who put students first and are committed to all aspects of the St Edmund's family. Our outcomes for students have been the best in Portsmouth and South Hampshire for several years. St Edmund's has been in the top 10% of all schools nationally for many years. We have been rated Outstanding by Ofsted in 2016 and June 2022 AND Outstanding in our Section 48 report in 2012 and 2023. This fantastic achievement reflects the special learning environment which exists here at St Edmund's, allowing students to learn and develop in a family where mutual trust, respect, collaboration and tolerance are fostered. Staff working at the school can enjoy their roles and reap the rewards of working with young people and educating the future generations of our world.

As a Christ-centred learning community we have a passion for developing the individual God given gifts which we are bestowed. We seek to improve curiosity, creativity and a passion for life long learning. In an environment with high standards and an atmosphere of order, discipline and respect. Our faith identity is not an add on but permeates all aspects of life at St Edmund's allowing individual, spiritual development in a positive family, where tolerance, love and mutual respect, a zest for learning are some of our guiding principles.

We are looking for an enthusiastic, energetic, positive person (Undergraduate in Psychology) who has experience (or would like to gain experience of working with young people). You should be a good listener, resilient and be able to be flexible. No two days are the same! Whilst you do not need to be Catholic, it is important to appreciate (or be willing to learn about) the distinctive nature of a Catholic education/community.

Great development opportunity and relevant training can be provided. There may be some flexibility with working hours.

The closing date for applications is **Friday 28th November 2025**. These can be emailed to the school via: recruitment@saintedmunds.org.uk.

I very much hope that having read the enclosed details and looked at the school website, you choose to apply.

**'An inclusive education finds a place for all
and does not select in an elitist way the
beneficiaries of its efforts.'**
Pope Francis

Yours faithfully

Mr S Graham
Headteacher



Application Procedure

We hope this guide is helpful and that, having read the details, you will wish to apply for the post. If so, please complete the St Edmund's application form.

I would ask you specifically to describe:

- Your experience to date and the main features of your current experience.
- Your reasons for applying for the post.
- How you might contribute to the St Edmund's family?

Please do not submit additional documentation.

Completed applications should be returned to the Headteacher no later than:

Friday 28th November 2025. Please quote Job Reference: WB26.

The post will start in September 2026.



Working at St Edmunds has not only helped me gain confidence in myself but has motivated me to keep going to reach my career goals. This placement has taught me so many valuable lessons and skills which benefit me on a personal level and a professional level too. Before working in a school, I honestly did not realise how much impact mental health has on students. I am so grateful to be able to do 1:1s with students and group workshops. Making a difference to their life's, is one of my favourite aspects of my placement. What I love about my job is no day is the same, I am learning something new all the time. This placement has been the best decision I could have made for my career as it really has helped me pinpoint what I want to do in the future!

Courtney, University of Portsmouth Student (former Intern)

This placement as a wellbeing support officer at St. Edmund's, has been really rewarding and has solidified my career aspirations of working in Paediatric Clinical Psychology. It has allowed me to work with a variety of different children with varying levels of wellbeing and mental health. I have learned so much about how to support young peoples' wellbeing through 1:1s and group workshops. Until this placement, I didn't realise the extent to which mental health impacts schools, and I believe that the work this placement involves is crucial in making this relationship a positive one. During this role my confidence has grown, especially in regards to working with children. I feel assured in my ability to carry out the practices I have learned during this placement and I can undoubtedly say that no day is the same!

Ellie, University of Portsmouth (former Intern)

St Edmund's Catholic School is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment. This post is covered by the Rehabilitation of Offenders Act 1974 (Exemptions) Order 1975 and you will be required to declare whether you have any criminal convictions. St Edmund's Catholic School is an equal opportunities employer and welcomes applications from all sections of the community.



The Trinity Suite Wellbeing Centre is open for all pupils to come in before school (open from 8 am), break, and lunch, if students would like to receive support.

We are upstairs by Student Services and have a big **colourful** sign on the door!

Regardless of what year group the student is in they can all go through emotional times which means we need someone to talk to.

The Trinity Suite is also a space to be able to relax with some colouring, read a book or use a computer with the support from the Trinity staff.

We strongly believe that through God we can achieve anything and he has a plan for us, but we are human, this means that sometimes we can suffer either mentally or physically.

The Team

There is 1 ELSA who offers some 1-1 counselling and 2 Psychology Undergraduate students on a one year placement as well as the Wellbeing Trinity Suite Co-Ordinator and door in the Camino Room we have the Deputy Wellbeing Trinity Suite Co-Ordinator.

Job Purpose

- To enable pupils with mental health and wellbeing issues access to learning by supervising and assisting pupils (one to one and in small groups) across a wide range of activities and supported learning activities.
- To Supervise pupils, delivering learning activities to small groups of pupils, adjusting activities within the scope of the needs of student's specific difficulties.
- To work in partnership with teaching staff to identify and address the individual needs of students.
- To assist senior staff in securing the safety and welfare of pupils throughout the day.
- To supervise pupils during and between the morning and breaks as directed.

‘Success is no accident. It is hard work, perseverance, learning, studying and most of all, the love of what you are doing or learning to do.’

